

TRANS INCLUSIVE HEALTH CARE

COMMON TERMS AND DEFINITIONS

Assigned at Birth

The categorization of an infant as female, male, or intersex, based on the appearance of the infant's genitalia and/or sex chromosomes.

Cis

Cis is short for "cisgender" which is a term to describe someone whose identity aligns with the gender marker the person was assigned at birth.

Folx

Folx is used to explicitly signal the inclusion of commonly marginalized groups. It is often used within LGBTQIA+ communities to explicitly acknowledge and respect people of all genders, including nonbinary and gender non conforming individuals.

Gender Affirmation

An umbrella term for the range of actions that transgender and gender diverse people may undertake to live in greater alignment with their gender identity and/or gender expression, and thus thrive as their authentic selves.

A person may affirm their gender identity or expression through social, legal, medical, or surgical means. What gender affirmation looks like for every individual is unique and based on what is personally affirming, what feels safe to do, and what is accessible and available.

Intersex

Intersex is a general term used to describe individuals whose reproductive anatomy does not fit into the traditional expectations for females or males.



COMMON TERMS AND DEFINITIONS

Nonbinary

An umbrella term for gender identities that go beyond the gender binary of female and male.

Nonbinary people may refer to themselves as nonbinary, and/or may use a range of identity terms, such as agender, bigender, genderqueer and gender fluid. Often abbreviated as NB or enby.

Trans or Transgender

Someone whose identity differs from the gender marker that the person was assigned at birth.

Transition

The term transition means going from one state to another; however, for some trans individuals they have never transitioned as they have always been who they are.

Transphobia

“Discrimination towards, fear, marginalization, and hatred of people or those perceived as transgender or gender diverse. Individuals, communities, policies, and institutions can be transphobic.”

WPATH

The World Professional Association for Transgender Health (WPATH) is an interdisciplinary professional and educational organization that promotes evidence-based care, education, research, and public policy in transgender health.

